



The Plinker



MISSION STATEMENT

The object of this organization shall be the encouragement of organized rifle, shotgun and pistol shooting among residents of our community, with a view toward better knowledge on the part of citizens of our community of the safe handling and the proper care of firearms, and the development of those characteristics of honesty, good fellowship, self discipline and self reliance that are the essentials of good sportsmanship and the foundation of true patriotism.

Chill Winds bring turkeys

November 4, 2017

November 2017 Muzzle Loading Match Report

Match day, Saturday, November fourth found overcast skies and a forecast of coming winter's chill. Twelve well-dressed Free Trappers for this start of the range season event came with their rifles and pistols. Range preparation had been done the preceding day and a vote of real appreciation is due to Bob DeLisle, Allen Cuniff, and Clarence Atchison for their efficient and timely assistance. Our course of fire was amended by eliminating the Trade Gun Match to "shorten our morning" so our shooters could easily attend the Memorial Services early in the afternoon for Pete Strobl at the Evergreen Sportsmen's club. A safety meeting was held near the good stove and hot coffee was combined with minimal discussion in view of the schedule. Mike Nesbitt gave information on firing a salute with our muzzleloaders which was the "kick-off" for Pete's Celebration of Life. Then the good shooting proceeded with the accustomed order of fire for rifles, pistols, tie breakers and luck targets. Among the familiar faces were "J.C" (Jerry Charlton) and Jeffrey Ritter.

Despite the cold weather (a damp 38 degrees), shooting progressed in an expeditious and orderly manner with needed recourse to the warming stove and coffee pot. The turkey head on the pop can was won by Clarence Atchison. The single shot fired at the deer target match was set up for winner to be determined from those with full body shots, with the winner selected by the best shot on the tiebreaker. Three targets emerged to be evaluated, however Roy Williams had neglected to fire his tie breaker and thus was eliminated. The remaining two: Jerry Charlton and Will Ulry had identical tie breakers and they split the pot. Individual and aggregate prizes were provided by the Club in the form of turkey oriented meat prizes. Rifle and Pistol match prizes went to: Pistol; 1st - Frank Ponceroff, 2nd - Clarence Atchison, and 3rd - Mike Nesbitt, Rifle; 1st - Clarence Atchison, 2nd - Bob DeLisle and, 3rd - Jerry Mayo. Aggregate placings were; 1st - Clarence Atchison, 2nd - Bob DeLisle, 3rd - Mike Nesbitt, 4th - Will Ulry, 5th - Tom Witt, 6th - Jerry Charlton, 7th - Dewayne Pritchett, 8th - Jeffrey Ritter, 9th - Jerry Mayo, 10th - Roy Williams, 11th - Frank Ponceroff, and 12th - Jeff Ritter.

The shooters then adjourned to go to the memorial service at Evergreen Sportsmen's Club where a 13 gun (at least) volley salute was fired by the group at the beginning of Pete Strobl's services. Coming events are the monthly Evergreen Shoot next Saturday at 0930. The Old West Centerfires match will be held on Saturday, November 18th, probably on the High Power Range since no construction is evident at this time. The next Puget Sound Free Trappers shoot will be Saturday, December 2nd with set up being done on the preceding day at 2 PM.

By Bob Gietz

“Girl of the West”

By Jeff Young

She rides horses, loves the wide open spaces and uses her trusty rifle to shoot turkeys, prairie chickens and mountain goats. If novelist Zane Grey was writing her story, she'd be called “Girl of the West.”

Times have changed since western women braved gunslingers and cattle drives, but their legacy lives on in girls like 16 year old Jessica Boos: Young women who saddle their own horses, dream of working stock in Montana and develop rifle skills that would dazzle shooters of yesteryear.

Jessica began shooting bb guns before she was five and grew up travelling to silhouette matches with her father and watching her mom shoot pistol.

Already on a first-name basis with many of the top silhouette shooters in the country, she decided that shooting with this “extended family” was the challenging but supportive niche she belonged in.

Like other teenage shooters, she needed practice and muscle to master the heavy guns with their sophisticated sights and hair triggers.

“I started out with one of dad’s rifles. I struggled for a while shooting left-handed with a right-side bolt. And in order for me to see, my dad had to mount the scope so low that it almost touched the barrel.” Later she got a left handed CZ that she continues to use.

“We’ve switched some things as I grew older,” said Jessica. “I now have a fairly normal height scope and we added barrel length and weight as my arms got longer.”

One thing that hasn’t changed is her distinctive “zombie green” stock. They must work since I can’t think of a single green rifle shooter who’s encountered any of these noisy monsters.

The real ogres at silhouette matches are small and distant targets. The scoring system is unforgiving. There is no *almost*. You either knock the metal animal off its pedestal or you don’t.

Like other disciplines, silhouette takes time and continuous learning, whether you hit one target or all 40. It also requires a sort of a psychological balancing act.

“We have to learn the balance between trying too hard and not trying enough. When you let your subconscious work, it becomes easier. It almost feels like someone else is operating the rifle and you get to watch the targets fall.”

“What keeps me and many others in shooting is hoping for moments like that when everything comes together and it feels like you can’t miss.”

Experience and concentration teach us what causes hits and misses. According to Jessica, “The biggest challenge I’ve faced is getting out of my own way. Most of the time I miss a target is because I over-think the shot, instead of just letting it happen.

“It’s also hard for me to accept a miss and not let that affect the rest of my shots. Shooting requires a no-quit mentality and a lot of mental resilience. It would be so easy to just give up when you make a bad shot. You have to learn how to move on and restart on the next one.”



For many young shooters, the concentration required for shooting also pays off in the classroom and with other activities.

“It’s helped me immensely,” says Jessica. “When I compete in equestrian events, I’m able to focus on what I need to do and nothing else. I have teammates who get emotional and forgetful, which prevents them from competing at the best of their ability.”

“Shooting has also given me a good work ethic, the ability to look beyond the immediate result and to see how my actions now will affect my future.”

Although some may consider silhouette a male-dominated sport, an increasing number of women are joining the firing line – and winning, especially at the larger matches.

Cathy Winstead-Severin is the sport’s superstar, winning gold medals for Olympic Running Boar, U.S. and Canadian silhouette championships, and amassing a string of record-setting scores.

Motivation from her family – and extended shooting family – has paid off. Jessica

has placed in the top three in AAA Silhouette class at both the U.S. and Canadian nationals and she’s currently shooting Master’s level scores.

As for her future, most of next horizons lie to the east. She plans to attend WSU and hopefully its veterinary school. She sees a future as a large animal vet somewhere in the mountains and prairies of Idaho, Montana or Wyoming.

There are studies and chores, but whenever possible she rides horses and shoots rifles. You’re not likely to see her with a Stetson – let alone a bonnet. But as though born in an earlier time, she is through and through “A Girl of the West.”



High Power Rifle Shooters

Attached is the schedule for the 2018 High Power Rifle Matches, and the revised Course of Fire for the matches. A copy will be posted on the bulletin board at the High Power Range. (We’ll see how long it stays there...)

Here are the highlights of the changes for 2018:

- The definition of “Service Rifle - U.S. Rifle, Caliber 5.56 mm M16 series” has been updated to reflect the recent CMP & NRA rule changes to allow scopes, quad rails, and adjustable butt stocks on AR-15’s for the CMP Match
- Beginning in January, the Old Soldier Match will be in the months of Jan, Feb, Mar, and Oct, Nov, Dec. (mainly because there is less walking in the rain to the 200 yard line)
- The CMP Matches will be in the months of Apr, May, Jun, Jul, Aug, and Sep. (mainly because there is more walking in the sunshine)
- Following the M1 Garand Match, we will have a Bolt Action Rifle “fun” match. Check out the course of fire.

Remember, you can shoot “Any Rifle” you want in any of our matches. You just won’t qualify for medals and awards if you bring your blunderbuss to the CMP Match. So, bring whatever you have and come shoot with us.
Gary

“You’ll Shoot Your Eye Out” Daisy Red Ryder BB Gun Tournament

All are invited to the 9th annual BB Gun fun shoot at CCR&P 2017

Where: Capitol City Rifle and Pistol Club Indoor Range 1 ½ miles south of Littlerock on Littlerock Road.

When: 3 December 2017 at 2:00

Why: Fun for all ages

Who: This match is sponsored by Capitol City Rifle and Pistol Club

What: Shooting consists of 50 rounds, 6 plus targets at 21 feet, intermixed with Hot Chocolate and the movie “Christmas Story” with a

BEST Cowboy and Cowgirl costume contest.

The movie will run from 2:30 to 4:00 followed by the “Candy Cannon” and awards and prizes for all.

Rules: Kids must be accompanied by adults.

BB Guns shall be 1938 Red Ryders(the pink ones are Daisys Red Ryders too)

Ammo shall be copper plated BB’s – no high grade ammo

Classes will be 6 years and under, 7&8, 9&10, 11 thru 16, and adults and a kid adult team

Cost: \$12 will include an adult with one kid

\$22 maximum per family

Information call Will Ulry 360-701-8105

BOARD OF DIRECTORS		<u>Hunter's Education:</u>	<u>22 silhouette:</u>	<u>Black Powder: (Cartridge Rifle)</u>
<u>*President:</u>		Larry Lufkin 360 459-2534	Larry Taylor 438-6612	Bob Gietz 273-7862
Chris Moffet 360 791-9912		<u>High Power Range:</u>	<u>Air Gun Field Target: & Benchrest</u>	<u>ASB Archery Director:</u>
<u>*Vice President:</u>		FranHuntington 360 357-8253	John Mickel 491-0714	Barbara Rheault 458-5507
Ray Crisp 360 357-8238		Gary Thorson 360 481-5962	Harvey Gertson 352-7669	<u>Beg Intermediate Centerfire Pistol</u>
<u>*Secretary:</u>		<u>Action Pistol Range:</u>	<u>M1 Garand:</u>	Larry Lufkin 459-2534
Brian Erickson 360 923-9610		Irene Hertwig 360 786-0199	Gary Thorson 481-5962	Ron Lohman 754-0369
<u>*Safety Officer:</u>		Ron Lohman 360 754-0369	<u>CMP:</u>	<u>Cowboy Action</u>
Will Ulry 360 352-4224		<u>George Stenson Multipurpose Range:</u>	Gary Thorson 481-5962	Rick Bond 455-7070
<u>*Training Officer:</u>		Larry Balestra 360 943-8057	<u>Old Soldiers:</u>	
John Mulhall 360 866-0575		Jim Harry 360 943-9202	Gary Thorson 481-5962	
<u>Treasurer/Calendar:</u>		<u>Black Powder Range:</u>	<u>Center Fire Pistol:</u>	
Doug Simpson 360 273-2043		Tom Witt 360-273--0702	Gary Baldwin 273-7824	
<u>Security/IT:</u>		<u>Archery Range:</u>	<u>Indoor Pistol League:</u>	
Richard Schneider 360 481-7566		Bob Jamison	Harvey Gertson 352-7669	
<u>Building & Grounds Maintenance:</u>		<u>Law Enforcement Liaison:</u>	Jeff Young 753-3514	
Terry McManus 360 556-8905		Marcus Custer 619 633-8339	<u>Black Powder: (Muzzle Loading)</u>	
<u>Web Master:</u>			Bob Gietz 273-7862	
Bob Euliss 360 481-4241		<u>Match Directors</u>		
<i>*Executive Committee</i>		<u>22 Rimfire/Benchrest:</u>		
		Larry Balestra 943-8057		

MEMBERSHIP DUES RATES**Dues and Renewal policies**

Members will receive a statement 45 days before their membership expires. (Your renewal month is found on your mailing label.) The dues renewal date is the last day of the month in which members' "annual date" falls. Members' gate card will automatically "lock out" on their renewal date if they have not renewed, and their membership will be considered "inactive" for 30-days, during which time they may still pay their dues. After 30-days on "inactive" status the membership will be terminated. Should they wish to rejoin CCR&P past the 30-days "inactive" status, they must reapply as a new member and attend the Orientation class. **Membership fees (taxes are additional)**, collected at the time of the orientation classes are:

Annual dues **\$70.00** for the first member of each household and **\$35.00** for each additional eligible member of the household.

Initiation fee (one time) **\$80.00** for each household and a refundable gate card deposit fee of **\$10.00** for each member.

In addition, each member is expected to devote 8 hours of volunteer service annually or recruit two new members or pay an assessment of **\$80.00**.

NRA membership (required)

Orientation class (required)

(GUESTS: Members may bring their spouses and children under the age of 18 years old **as guests** as often as they'd like. Non-immediate family member guests are limited to two visits annually. Members **MUST** accompany their guests at all times, including spouses and children, and are responsible for the conduct of their guests.)

NRA CLUB AFFILIATE BENEFITS

Free listing of events on NRA website; discount on range technician team & service; attorney referral service; non-legal advice for legal problems; NRA attorneys pro bono for national concern issues; eligible to apply for \$5,000 grant annually; \$10 reimburse for each new NRA member; \$5 reimburse for each returning member; "Club Connection" quarterly magazine; eligible for NRA firearms insurance.

FIREWOOD

I would like to thank the following hardy souls that lend a hand splitting, cutting and stacking in the neighborhood of 8 chords of wood on Saturday. The club was represented by Rifle, pistol and blackpowder shooters. These gents were accompanied by 5 -.22 and pellet gun shooter from high shoot shooting teams along with coaches and dads. In 4 1/2 hours we were able to top off the wood shed and put a chord or 2 outside to round things off. Thanks again guys.

List of Nov 2017 firewood participants

Mike Belfry
Mike Boerner (THS Rifle Team coach)
Mark Brown
Justin Dwyer
Bill Englund (brought splitter)
Bob Greenman (THS coach)
Gary Jacobson, THS dad
Michael Kelly
David Loree
Jeff Loree
Garret Loree
Kellen McAferty
Greg Parriott
Paul Thomas
Will Ulry
Jeff Young
Terry McMannis (Brought splitter)

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 (B)0900-1500 Black Powder Shoot (C,I) 0700-1700 WA Jr Oly Air Rifle Champs (C,I) 1500-1800 Set Up Don't Shoot Your Eye Out
3 (C,I) 0800-2100 Don't Shoot Your Eye Out	4 (C,I)1400-1700 Black Hills HS Rifle Teams (C,I)1800-2100 Monday Night Pistol League	5 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	6 (C,I)1400-1700 Black Hills HS Rifle Teams (C,I)1900-2100 4Position Small-bore Rifle League	7 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	8 (T) 1300-1500 Beginner/Intermediate Pistol League Setup	9 (I)0900-1500 Air Rifle Field Target (T)0800-1400 Beginner/Intermediate Pistol League
10	11 (C,I)1400-1700 Black Hills HS Rifle Teams (C,I)1800-2100 Monday Night Pistol League	12 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	13 (C,I)1400-1700 Black Hills HS Rifle Teams (C,I)1900-2100 4Position Small-bore Rifle League	14 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	15	16 (I)0900-1500 Air Rifle Benchrest
17	18 (C,I)1400-1700 Black Hills HS Rifle Teams	19 (C)1900-2100 BOD Mtg (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	20 (C,I)1400-1700 Black Hills HS Rifle Teams (C,I)1900-2100 4Position Small-bore Rifle League	21 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	22 (T) 1400-2000 CAS set-up	23 (T)0800-1700 CAS Match
24 (T) 0800-1300 CAS Orient Bay 2 (H)0800-1500 Cmp Match	25 (C,I)1400-1700 Black Hills HS Rifle Teams	26 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	27 (C,I)1400-1700 Black Hills HS Rifle Teams (C,I)1900-2100 4Position Small-bore Rifle League	28 (C,I)1700-2015 CCJR Practice (C,I)1400-1700Tumwater School Dist. Rifle Teams	29	30
31						

RANGE KEY: A=Archery; B=Black Powder; C=Clubhouse; H=Hi-Power; I=Indoor; M=Multipurpose; P=Pistol Sidebay T=Action Pistol CCB=Capital City Bowmen Clubhouse

Old Farts Can Things Doings Too

Things aren't getting younger at my house as well as yours. Old gents can still do things. I just wanted to let the old guys that work parties are not just working the shovels and other physical labor. Every match and activity has paper work, stat work, barbeque and maybe running kitchen duty.as well as directing activities. We, me and a ton of guys in the club still like seeing you guys at matches and activities. Maybe your shooting isn't up to where it was but you are the same guy we have enjoyed passing stories back and forth. I wanted to invite you to come out and join us. Club meetings are open to all. Your experience at the club is still important to us. Hope to see you down the road.
Will

Board Meetings

Board meetings, Regular and Executive Committee, are held on the third Tuesday of each month at 7pm in the main clubhouse.

Unless otherwise determined by specific needs and announced in advance:

Full Board meetings take place in March, June, September, and December.

Executive Committee meetings take place in January, February, April, May, July, August, October and November.

Board meetings are open to all. Your attendance and input are encouraged. If you are interesting joining the Board, feel free to contact any current Board member for details. A list can be found just before the calendars in this newsletter and on the club web site:

CAPITOL CITY RIFLE & PISTOL CLUB
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